

Managing Life's Curveball

By Lisa Muse, HPCCR Volunteer

Here's what I thought I knew: Your husband is not supposed to go to the doctor for a routine cold and walk away with a diagnosis of stage-four lung cancer. You should also not have to learn all there is to know about pain management and hospice care in the space of two and a half months. And you are most certainly not supposed to lose your husband when you are only 45 years old. But that is the curveball that life threw at me. Since then, what I thought I knew pales in comparison to what I know now.

"... you are most certainly not suppose to lose your husband when you are only 45 years old."

My husband, Tom, passed away in September 2008 after battling lung cancer for only 85 days. As you can imagine, the decline happened quickly, and his pain escalated just as fast. While in the hospital, we struggled to get the pain under control, and a knowledgeable hospitalist recommended a palliative care consultation. I had never heard of palliation, but I experienced its magic when I saw relief on Tom's face for the first time since we'd arrived at the hospital. The palliative physician had the expertise to manage my husband's pain, and I was thankful for her intervention.

That experience was my introduction to Hospice & Palliative Care Charlotte Region (HPCCR).

Even though Tom was feeling better, I hesitated to take him home because he was weak, and I worried about being responsible for his medication and pain control. Our physician and nurse recommended Levine & Dickson Hospice House (LDHH) as a transitional location between hospital and home. Hearing the word "hospice" made my heart sink. But I think they had seen signs of Tom's coming decline that I was not capable of seeing. I did not know it at the time, but this recommendation was a true gift.

Tom spent the last week of his life at LDHH. I can honestly say it was the best week we had during Tom's battle with cancer. He was lucid, and our entire family arrived to spend time with him. Determined to make it a celebration of Tom's life, we had music, balloons, and food; the staff came in and out of Tom's room to enjoy the festive atmosphere. His room became our home, and the staff became our extended family. Most importantly, I was able to become Tom's wife again, a role that, until now, had been replaced by nurse, pharmacist, and overall worrier. I couldn't help but think



Tom Muse and his wife, Lisa, an HPCCR volunteer.

that spending that last week at the hospital, instead of at Levine & Dickson Hospice House, would have been anxiety-ridden and stressful. As strange as it sounds, Tom's last week actually contained moments that were joyful. We talked, spent quality time together, and relaxed in the knowledge that we were being cared for so well. Those moments were heartbreakingly precious, and they still sustain me.

"Once you've had an experience as life-changing as mine, it becomes clear: you want to give back."

(continued on next page)

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Leading an Amazing Organization



**A message from
 Peter A. Brunnick
 Interim
 President & CEO**

**Executive VP &
 Chief Financial
 Officer**

As the interim President & CEO of Hospice & Palliative Care Charlotte Region, I have the pleasure of seeing all departments work together to compassionately serve those in our community facing the end of life. It has further opened my eyes to the outstanding efficiency of our staff and volunteers and the relentless dedication we have to patients in our eight-county service area. I am honored to be leading this organization, and I am making a concerted effort to carry on Janet Fortner's legacy and her commitment to our mission.

Even though 2009 was a challenging year for not-for profit organizations, I am happy to report that HPCCR remained strong throughout the year. We admitted 2,292 patients to our hospice program and conducted 2,340 palliative care consultations. In an effort to remain good stewards of our resources, I am very proud to convey that 84 cents of every dollar spent in 2009 went directly to patient and family care.

As we continue to focus on sustained growth and fiscal responsibility, I anticipate that in the spring I will deliver a strong and viable organization into the hands of our new President & CEO. Our executive search committee has been working diligently to identify the most capable and appropriate leader to join HPCCR, one who will embrace our core values and commit to our mission. As always, I welcome your feedback and I thank you for your continuing support.

Sincerely,

(Managing Life's Curveball - continued from page one)

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Tom's grandchildren show their support by wearing stylish bandanas like Grandad's.

A grief counselor from HPCCR called me a month after Tom died. As I sat in her office for my first counseling session, I didn't say a single word. I cried for the entire hour. She simply listened and didn't say a word either. And so my recovery began. I moved on to group counseling at LDHH, comforted by returning to the place where Tom spent his last days. When I felt strong enough, I began volunteering with HPCCR, helping out at

fundraising events and even visiting hospice patients in their homes. Many have questioned my passion for hospice care. But once you've had an experience as life-changing as mine, it becomes clear: you want to give back. You want every family facing death to have the comforting care that you did. You want to ensure that those families are able to live life fully, throughout the illness, and you want to ease their fears. That's why every minute that I give to

hospice is so important.

So here's what I know now: Hospice care is a gift that allows you to focus on your loved one and family, when before you could only focus on the disease. Hospice takes care of you physically, emotionally, and spiritually in ways that you didn't even know that you needed. Hospice made what could have been the worst experience of my life actually joyful. And for that, I will forever be grateful.

The mission of Hospice & Palliative Care Charlotte Region is to relieve suffering and improve the quality and dignity of life through compassionate hospice care for those at the end of life, palliative care for those with advanced illness, and through community education.

Planning for the Future?

Have you or your family been touched by an experience with Hospice & Palliative Care Charlotte Region? Do you try to make a gift every year to support our mission? If so, please consider another kind of gift that will continue to support our work in the years ahead.

Making a gift to HPCCR through your will is one of the easiest ways to make certain that Hospice & Palliative Care Charlotte Region can continue to provide expert, compassionate care to everyone who needs it. Our supporters give to Hospice & Palliative Care Charlotte Region because they believe in the services and programs we provide in our community, they understand that HPCCR calms hearts and eases minds during a very difficult time, and they know that our staff and volunteers provide extraordinary care, comfort, and support to them and their loved ones at a time when it is needed most.

By including HPCCR in your estate plans, you can ensure that your support for this organization continues long into the future. One option is to designate a specific amount of money, property, or other assets. Another way is to bequeath a percentage of your estate after you provide for your family. If you are interested in learning more, please discuss your interest with your financial planner or attorney; you may also call Development Officer, Penelope Wilson, at 704.335.4325, or email wilsonp@hpccr.org.

Remember, a will can be changed at any time. Make the decision now to extend your support of Hospice & Palliative Care Charlotte Region and continue your legacy of enabling compassionate care in our community. Thank you.



To learn more about our Hospice Legacy Society, please go to www.hpccr.org, and type "planned giving" in the search box.



From left to right, teen volunteers McKenzie Coey, Shannon Burke, Aly Athens, and Teresa Portone team up at Huntersville Oaks, a long-term care community, to provide companionship to the residents.

In its sixth year, our special teen volunteer program offers young adults ages 15-18 the opportunity to provide fellowship and fun activities to seniors residing in long-term care communities, or to assist HPCCR staff in the office. A comprehensive training program is provided to all teen volunteers. To learn more about this unique program, visit www.hpccr.org or contact Crystal England at 704.335.3578, or englandc@hpccr.org.

We Value Our Volunteers!

Are you looking for a rewarding and unique volunteer experience? HPCCR has a variety of opportunities. We provide training and the right type of service to fit your talents, desires, and time commitment. For more information, you can visit www.hpccr.org to view our volunteer newsletter, and access an application to become an HPCCR volunteer. You may also contact our Volunteer Program Assistant, Crystal England, at 704.335.3578 or englandc@hpccr.org.



HPCCR volunteer Bob Fagan, right, is pictured visiting with patient Edgar Mauney. A volunteer since 2004, Bob has dedicated over 750 hours of valuable service and was the 2009 recipient of the Monroe T. Gilmore Volunteer Award, given by the Mecklenburg County Council on Aging. Bob says that, "Hospice volunteering helps a person savor each and every day, and it celebrates the privilege of getting to know some very fine people."

Did You Know?

- The volunteers and staff of Hospice & Palliative Care Charlotte Region prepared 107 holiday meals in November and December, bringing joy and delicious seasonal foods to over 500 patients and their loved ones.
- In 2009, our amazing volunteers contributed over 29,000 hours of service. Thank you!

How Our Community Helps

We are thankful for the continued support of the community who sponsors and participates in our fundraising events. These events raise needed dollars to care for patients and allow a wonderful opportunity to educate folks about the many services we offer through our hospice care, palliative medicine consultations, grief care, and educational programs for adults and children. For more events information, please visit www.hpccr.org.



The Annual Hospice & Palliative Care Lincoln County Empty Bowl event offers a beautiful selection of hand-made pottery bowls.

Chili for Charity

The “chili champs” were back for another successful cook-off at the 6th Annual Historic Plaza Midwood/Chantilly Chili Cook-off on October 10. This fun day offered all the chili you could eat from 33 different chili-chefs, as well as live music from seven local bands. Goose McElhattan, event organizer, presented HPCCR with a check for \$11,341. Thank you, chili lovers!

Upcoming Events

Soup on Sunday

As we go to press, the 10th Annual Soup on Sunday event is scheduled for February 7. It was postponed, due to inclement weather, from its original date of January 31. Look for photos and news about this delicious happening in our next newsletter!

Memorial Brick Dedication

Sunday, April 25, 2:30pm • Levine & Dickson Hospice House, Huntersville (See page seven for details.)

Run the Rail

Saturday, May 1, 8am • Betty Ross Park, Lincolnton

Jetton Park Triathlon

Saturday, May 8, 8am • Jetton Park, Cornelius

Taste of Birkdale

Friday, June 19, 4-7pm • Birkdale Village Shopping Center, Huntersville (The date and time subject to change.)

Empty Bowl

Each year at the Empty Bowl fundraiser for Hospice & Palliative Care Lincoln County, guests select a beautiful pottery bowl and fill it with delicious homemade soup. This event has been a favorite in the Lincoln County community for twelve years! “People can’t decide which bowl they like, so sometimes they buy several,” says Gary Lee, owner of Rising Sun Pottery, who hosted the event on October 20. This tasty event raised \$2,200 for hospice services in Lincoln County.



Clarissa Vaughan, left, and Chris “Goose” McElhattan, team up to organize the annual chili cook-off event for HPCCR.

Sign up for Monthly Giving!

Conveniently spread your annual gift throughout the entire year by allowing HPCCR to charge a set amount to your credit card each month. This program is very simple, and by contributing in this way you will no longer have to write and mail us a check for your annual donation. Donors have the ability to increase or to discontinue their gifts at any time. Please visit www.hpccr.org and search for “monthly giving.” For more information, contact Ashley Morrison at 704.335.4328 or morrisona@hpccr.org.

“It’s a privilege to contribute each year to such a wonderful organization, and I also appreciate the ease of having my donation simply charged to my credit card each month.”

- Dave M., Annual Donor

Hospice Happenings

Thank you to the following community groups and friends of HPCCR who organized special events to benefit our mission. Funds raised through these “Hospice Happenings” support patient care, our area of greatest need.

BURGER FOR A BUCK: Earth Fare, the healthy supermarket	\$3,467
DENNIS LOWERY MEMORIAL GOLF TOURNAMENT: Continental Chemicals, LLC	\$5,392
FOLK, ROUND & SQUARE DANCE FEDERATION	\$13,318
KEYS FOR KIDS MUSIC-THON: Charlotte Piano Teachers Forum	\$1,833
MT. ZION UNITED METHODIST CHURCH GOLF TOURNAMENT	\$2,859
ONE EYED JACKS BBQ: VFW Post 6724 and Friends	\$2,300
TASTE OF PROVIDENCE: Providence Presbyterian Church-Concord	\$1,276
TOURNAMENT OF JOY: Charlotte Country Club	\$12,905

For more information about these events, please visit www.hpccr.org.

If you would like to host an event supporting Hospice & Palliative Care Charlotte Region, please contact Nancy Cole, Manager of Special Events, at 704.335.4312, or email colen@hpccr.org.

My Inspiration to Lead

A reflection on chairing the Lake Norman Regatta

My crew has competed in the Lake Norman Hospice Regatta for many years, in memory of several family members who benefited from the caring support of hospice. So we were honored to be selected to race against sailors from across the country in the 2009 National Hospice Regatta. The shared objective of all teams was to raise money and awareness for hospice care, and of course, to experience some great sailing and camaraderie as well.

Our experience in the race – the energy, ideas, and enthusiastic support for hospice – generated a renewed commitment on our part to growing our own local regatta, both in its recognition as a premier sailing event, and also as a key fundraiser to support the compassionate care that Hospice & Palliative Care Lake Norman provides to our community.

– **Emily Jones**, Chair, 10th Annual Lake Norman Hospice Regatta



Cornelius residents, left to right, BJ, Emily, Allison, and Cam Jones, were champions of the Lake Norman Hospice Regatta and represented HPCCR in the 2009 National Hospice Regatta in Rochester, NY.

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THE LAKE NORMAN HOSPICE REGATTA PARTY

A benefit for Hospice & Palliative Care Lake Norman

Friday, May 14, 2010 • 6:30-11pm • The Peninsula Club • Cornelius

Enjoy fabulous food and music overlooking the lake – plus an exciting silent and live auction, featuring golf and travel packages, jewelry, art, chef services, spa packages, and much more!

Tickets \$75 per person

THE LAKE NORMAN HOSPICE REGATTA

Friday-Sunday, May 21-23, 2010 • Lake Norman Yacht Club • Mooresville

Registration \$50 per boat

For more information, to reserve your tickets, or to register to sail, please contact
Nancy Cole at 704.335.4312 or colen@hpccr.org.

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Memorial Designations

September 1, 2009 – January 31, 2010

A memorial gift is a meaningful way to remember someone close to you. Your contributions ensure that compassionate hospice and palliative care will be provided to all who need it. We are honored that families of the following individuals chose our organization as the beneficiary of memorial gifts, as designated in their loved one's published obituary. The gifts received as a result of memorial designations allow us to provide care for individuals without insurance, care for children, grief support for adults and children, and community education programs. Thank you!

Frances G. Abernathy
Robert F. Abernathy
Ida M. Able
Franklin Agee
Donald Leroy Allen
Larry Thomas Allmon
Frances Anderson
Benjamin McKinley Andrews, Jr.
Jane Knox Arkebauer
Norma Brown Aspinwall
Katherine Lett Atkinson
Vance M. Avery, Sr.
Harold Russell Baird
Mary Baker
Earl Calvin Baker
Rupert Wilson Ballard
Lucille Ballard
Cameron Octo Banker, Jr.
Patricia McDougale Barnes
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Kathryn Beilharz
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Helen Margie Bumgarner
Edna Ashe Ratliff Burch
Alfred Butcher, Jr.
Cynthia E. Butler-Fulton
Maggie Mae Hartsoe Butts
Miriam Murray Caldwell
Martha Kathleen Campo
Willie Bell Snead Carver
Tommy C. Cash
Wilson Roddy Caudle
Blannie Edwards Cline
Roger Ferrell Clodfelter
Margaret Rose Royal Coleman
Thelma Irene Connell
Eloise H. Conrad
Jacqueline Ries Cormier
Patrick Joseph Craig
Thelma Webb Crider
John Albert Cromer

George Criss Csehll
Mary Carter Currie
Paul E. Dalldorf
Marie Shields Daly
Christine B. Danielson
Virginia Mae Kiser Davis
Edith Howie Deese
Phyllis Delfino
Sibyl Evelyn Moore Dellinger
Ray Devine
Cecil Adell Dixon
Sherron Hill Donley
Christine Douthit
Herta Klink Dunlap
Burke Eargle
Karen Kay Mount Eby
Mary-Ellen Konopka Edwards
William Ehrhart
Ted Elmore
Mary Jane Fairley
Robert Fredrick Fechner
William Finger
George J. Flynn
Doris Ann Cook Foster
Harold Nance Fowler
Jerry Fox
George Percy Fryling
Miroslav "Mike" Gardon
Van Burren "Bill" Gibson
Venice Rogers Gillespie
Hugh S. Gilligan
Viola Horne Glisson
Helen Staples Glover
Margaret Karbowski Goode
Mary Fletcher Gorsline
Fay Cohen Green
Marjorie S. Greshle
Kathleen Silcott Guentert
Martha Bowles Gullede
Connor Sidney Hager
Max Randall Haigler
Frances W. Hanna
Walter Irving Hanson
James P. Hart, Sr.
Mary N. LaMotte Harvey
Randy Wilson Harwell
Pamela A. Hawkins
Veola Heafner
Elizabeth Conger Helderman
Alfred L. Helms
Paul James Helms
David Henry Henderson
William Harold Hendley
Muriel White Hendrick
Jo Ann Lorbacher Hinson
Robert H. Hoffman
Winnie Irene Hoffman
Edith M. Carlson Holmes
Cyrus Devon Honeycutt

Barbara Ann Hopkins
Dolores Stanley Howey
Edith Hubbs
Jerry Hudson
Edna L. Huffstetler
Bobby G. Huitt
Bobby L. Humphries
Patricia C. Hunter
Ben Franklin Huntley
Jo Ingersoll
Lillie Mae Ingle
Nancy Jackson
Glenda Kay James
Juanita Jones
Artie L. Jones
James Robert Jones
Grace L. Keener
Martin Herbert Hardin Kelley
Lynn Kennelly
Ted M. Kerley
L. D. Kerley
Rachel Jackman Ketchie
Philip Douglas Killman
Bettie Gatewood Roddey Kistler
Nora Meek Kitchen
Sarah Elizabeth Konieczny
Jack Clifford Kuster
Angela Kay La Mont
Sarah Inez Harmon Lackey
Mason Lee Lassiter, Jr.
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Clifford Emerson Maree
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Carolyn Bibler McCormick
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Kathleen L. McDuffie
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Rebecca Leigh Morrison McKenzie
Fred Marsh
John R. Mattox
Elizabeth D. Menard
Donna Nadine Middleton
Donna Lee Milam
Marie Scheffler Mileham
Sally A. Milgrom
Phyllis Reed Watson Miller
Clyde Lewis Miller
Thurman Bernard Mitchell
Peggy F. Mooney
William Edgar Moore
Elva Bradley Morton

Rose Marie Rodie Whetstine Murphy
Fred Nantz
Elizabeth Darragh Newhouse
Charles O'Klatner
Veronica Agnes O'Regan
George Lee Osborne
Marguerite Overbeck
Bonnie Overcash
George Vincent Pait
Mary Kate Parr
Betty Jean Patterson
Charles Porter Patteson
Jo Carpenter Pattishall
Sylvester J. Patyk
Phillip Edwards Pearce
David Lee Pearson
Fletcher McMillan Peele
Ethel Louise Marion Pierce
Sidney David Pollard
Robert A. Pommerening, Jr.
Joyce Harold Prater
Douglas Shannon Pressley, Sr.
Billy Ricks Prevatte
Alfred C. Pritchard
James Carstarphen Purnell III
Charles A. Rapp
Daisy Mae Raum
Albert J. Reid
Phyllis Jean Billing Relyea
Elizabeth Neely Rhodes
Tony Ray Rickard
Ruth Davidson Rightmire
Cecil Haigler Ritch
Ralph B. Robinson
Nettie Nance Rogers
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Please contact Katie Benston at 704.335.4324 or benstonk@hpcpr.org to let us know of any omissions or corrections to this list, if you want to learn more about memorial giving, or to request giving envelopes to have on hand when you need them.

Creating a Legacy with a Memorial Brick

The Memorial Walkway at Levine & Dickson Hospice House is home to beautiful, engraved memorial bricks placed there by family, friends, and loved ones who have been touched by the loving and compassionate care given to their family. The walkway and labyrinth courtyard provide comfort to patients being cared for at Levine & Dickson Hospice House as well as those who walk the path remembering their loved ones.

Eric and Amy Esterhay have placed several bricks in memory of Amy's father. "Of all things, a simple paving brick in the walkway at Levine & Dickson Hospice House has become a family touchstone for what was a very profound experience for our family. Our memorial brick reminds us of my father-in-law's legacy: Go forward and do good deeds," said Eric.

Memorial bricks with your personal inscription may be purchased for a gift of \$500. This gift not only honors the memory of your loved one, but it also provides much needed support for the compassionate care that hospice patients and their families receive from Levine & Dickson Hospice House staff and volunteers.



Memorial bricks line the walkway leading to the labyrinth at Levine & Dickson Hospice House.

To order a brick dedicated in memory of your loved one, please download and complete the order form housed on our website. To find the form, visit www.hpccr.org and click on the Memorial Brick link under "Latest News & Event," or type "memorial brick" in the search box.

On Sunday, April 25, 2010, at 2:30pm we will dedicate our recently-purchased memorial bricks during a ceremony at Levine & Dickson Hospice House. **For your brick to be included in the spring dedication, please return your order form, with payment, by Friday, March 5.** During the dedication ceremony, family, friends, and loved ones are invited to join us for a short reading with words of comfort. After the dedication, you will have an opportunity to view your engraved brick in the courtyard for the first time. For more information, contact Caroline Clark, Program Assistant, at clarkca@hpccr.org or 704.335.3536.

The fall brick dedication ceremony will be Sunday, October 3, at 2:30pm. **For your brick to be included in the fall dedication, please return your order form, with payment, by Friday, August 13.**

Match Your Gift Today!

Does your employer have a matching gift program that doubles or even triples your charitable contributions to Hospice & Palliative Care Charlotte Region? Many companies also match gifts from spouses, retirees, and board members.

The process is simple: submit the appropriate application electronically on your employer's website or Intranet site, or print and complete the form and mail it to HPCCR along with your gift. If you are not sure about your company's policies, you can contact your Human Resources Department in order to find out if your employer has a matching gifts program.

If your company has a matching gift program and you made a memorial or other gift to HPCCR last year, please apply for your gift to be matched soon, as many programs have a set timeframe during which applications are accepted.

(Memorial Designations continued)

Susan Ann Gleason Stemmer
Ruth McCraven Stilwell
Mary Elizabeth Keenan Stover
David Stroupe
Ruby Jones Suit
Glenda Darlene Bowling Sumerel
Alva Sutton
Louis Tavares
Beulah Juanita Taylor
Winnie Marie Teague

Lois Brown Hucks Teague
Joyce Rochelle Teal
Mary Terrill
Jewell Curlee Chandler Theisen
Bertie "Mae" Thomas
Edna Earle Robinson Trull
Barbara D. Tucker
Marjorie Weller Walker
Savannah Wallace
Mary Sayers "Aileen" Warford

Ruth G. Warren
Joe Daniel Wentz
Stella L. White
Carol H. Whitlock
Christine D. Wilkinson
Tom Marsh Williams, Jr.
Ralph F. Williams
Margie Elizabeth Teno Williams
Latimer Williams III
Jessie Elizabeth Crepps Williams

Alice Vera Kidd Williams
Erleen Bedsol Willis
George Donnan Wilson
Mildred Smith Wolfe
Stuart Alan Worsman
Regina C. Wright
Dorcas Love Yandle
Michael Wallace Young
Ann S. Young

Mark Your Calendar

COMMUNITY EVENT

Mark your calendar for an event of special interest to our clinical partners and others in the community that we serve, including healthcare workers, hospice staff, nurses, social workers, clergy, case managers, funeral directors, caregivers, and those who work with death, grief, and bereavement.

2010 National Bereavement Teleconference

Living with Grief: Cancer and End-of Life Care
Wednesday, March 24, 2010, 1-4:30pm
Carolinas Medical Center Auditorium, Charlotte

Hospice Foundation of America will air the 17th Annual National Bereavement Teleconference, broadcast live-via-webcast and satellite. It will address care options related to cancer diagnoses as well as loss and grief reactions for patients, families, and professional caregivers. The teleconference will also examine psychosocial aspects of cancer, pain management, and ethical issues related to the disease.

Featured panelists:

- Yvette Colón, PhD, MSW, Director of Education & Support, American Pain Foundation
- Malene Davis, MBA, CHPN, President & CEO, Capital Hospice
- Kenneth J. Doka, PhD, MDiv, Professor of Gerontology, The College of New Rochelle and Senior Consultant to HFA
- Richard Payne, MD, Director of the Duke Institute on Care at the End of Life
- Sherry R. Schachter, PhD, FT, Director of Bereavement Services, Calvary Hospital/Hospice
- Brad Stuart, MD, Medical Director, Sutter VNA & Hospice

Join a local panel discussion from 4-4:30pm. Continuing education credits are available through Hospice Foundation of America.

For more information, contact Gerri Cummings at 704.335.4334 or cummingsg@hpccr.org.

GRIEF SUPPORT

HPCCR offers Grief: The Reluctant Journey, a grief support group for adults. This program is designed to provide grief education and support that enables participants to cope with and understand their grief. Discussions include the various aspects of grief and the grieving process, along with other areas of concern for participants. There is no charge for these sessions, but a pre-screening interview with a grief counselor is required. These groups will begin in April. For more information, contact Gerri Cummings, Spiritual & Grief Care Services Program Coordinator, at 704.335.4334 or cummingsg@hpccr.org, or visit www.hpccr.org.

Hospice & Palliative Care Lincoln County

107 North Cedar Street, Lincolnton
For a pre-group interview, call 704.732.6146.

Hospice & Palliative Care Charlotte Region

Uptown Charlotte Office, 1420 East Seventh Street
For a pre-group interview, call 704.335.4334.

Chameleon's Journey™ Mini Grief Camp

Saturday, April 24, 8:30am-1:30pm
William R. Davie Park & Conference Center
4635 Pineville-Matthews Road, Charlotte
For registration information, please contact 704.335.4334 or cummingsg@hpccr.org.

Annual Spring Memorial Service

Sunday, May 2, 3pm - Francis Chapel
Myers Park United Methodist Church
1501 Queens Road, Charlotte

11th Annual Chameleon's Journey™ Overnight Camp for Grieving Youth

Saturday & Sunday, October 16 & 17,
Camp Thunderbird, Lake Wylie, SC

VOLUNTEER TRAINING

For more information about specific times for the adult sessions, and/or to apply to become a trained volunteer, contact Crystal England at 704.335.3578 or englandc@hpccr.org.

Adults:

Tuesday & Thursday, March 16 & 18, and
Tuesday & Thursday, March 23 & 25
Levine & Dickson Hospice House
11900 Vanstony Drive, Huntersville

Friday & Saturday, April 9 & 10
Carolinas Medical Center - Union
600 Hospital Drive, Monroe

Monday & Tuesday, May 3 & 4
Hospice & Palliative Care Lincoln County
107 North Cedar Street, Lincolnton

Monday & Tuesday, June 14 & 15
Uptown Charlotte Office
1420 East Seventh Street

Teens:

Saturday & Sunday, May 22 & 23
9am-3:30pm
Uptown Charlotte Office
1420 East Seventh Street
Contact: Elise Hurst, HART and Teen
Coordinator, at 704.335.3577
or hurste@hpccr.org

Please see pages four and five of this newsletter for detailed information about our community fundraising events.

Newsletter writer/managing editor:

Cricket Weston

Newsletter writer/creative editor:

Andrea Powell

Contributing writers:

Katie Benston, Pete Brunnick,
Caroline Clark, Nancy Cole,
Alia King, Ashley Morrison,
Penelope Wilson

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or no longer wish to receive this newsletter,
please contact Ashley Morrison at
morrisona@hpccr.org, or 704.335.4328.*

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